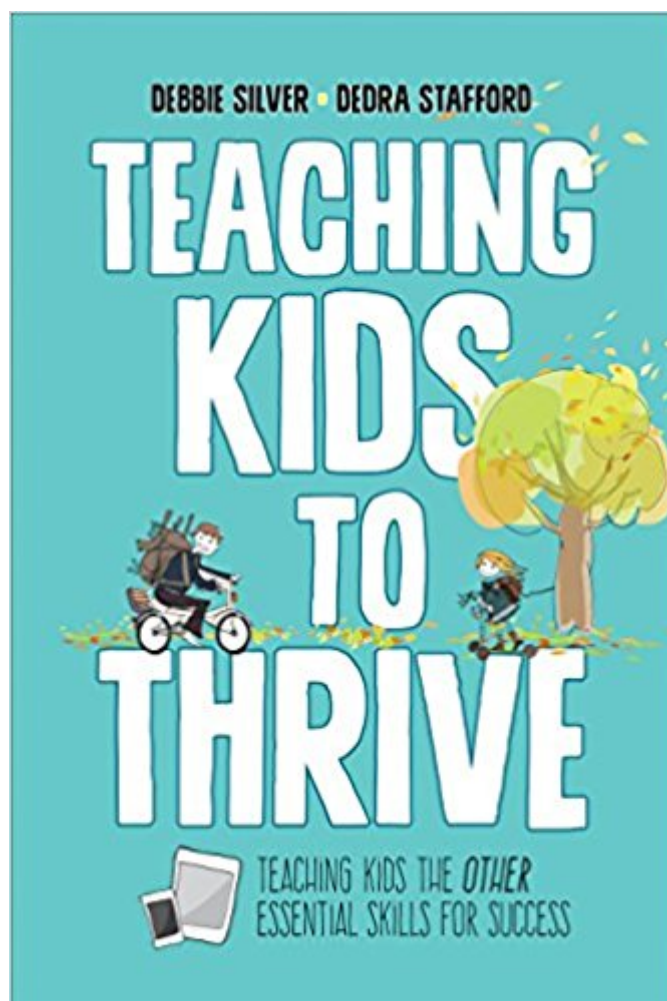


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# Teaching Kids To Thrive: Essential Skills For Success



## Synopsis

There's more to student success than standards and test scores. Integrating Social and Emotional Learning into a curriculum has been shown to increase personal and school-wide growth. With lifelong success the goal over simply meeting academic thresholds, Teaching Kids to Thrive presents strategies, activities, and stories in an approachable way to develop responsible, self-motivated learners. Uniting social, academic, and self-skills this instrumental resource offers benefits to students such as:

- Using mindfulness strategies to help students tap their inner strengths
- Learning to self-regulate and control other executive brain functions
- Developing growth mindsets along with perseverance and resilience
- Cultivating a sense of responsibility, honesty, and integrity
- Encouraging a capacity for empathy and gratitude

## Customer Reviews

"Teaching Kids to Thrive: Essential Skills for Success is a book that not only argues effectively for including social and emotional learning in every classroom, it also shows teachers how to do it. Debbie Silver and Dedra Stafford demonstrate how SEL instruction can be woven into all subject areas at every level of preK-12 education. They descriptively outline what SEL-friendly classrooms look like, and they provide a wealth of tools and strategies for educators who want to teach beyond the standards. I recommend this book for new and veteran teachers alike who want to help students learn to thrive both now and throughout their future lives."--Todd Whitaker, Professor of Educational Leadership

"Reading Teaching Kids to Thrive was like feeding my brain with PopRocks! It had me captivated, wondering, and marveling...all at the same time. Debbie and Dedra provide insightful research, actionable skills, and inspirational stories, while recognizing the voices of students and teachers at the turn of every page."

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